Bully Busters Program
Next week our school will be hosting the Bully Busters Program. This is a program designed to educate teachers, parents and students about bullying and develop the skills and strategies for us all to use to deal with this problem wherever it may occur. There have been many incidents of bullying reported in the media recently, not just in schools but in workplaces, and it is an issue which we need to look at as a whole school and society in order to address it. We need to develop common language and understandings as well as strategies to assist. The school has booked the Bully Busters Program for parents, staff and students.

The parent session will run next Monday evening at 7.30pm. I hope many parents can attend as this is an issue which many people have expressed concern about in our parent surveys last year. The school would like to develop a proactive approach to the issue and we need as many people as possible to attend next Monday night.

Workshops will be held next Tuesday morning for all students which will look at developing personal resilience, strategies to use, and the role of the bystander.

I have attached information with a reply sheet for the parent session. I hope to see many of you there on Monday evening and I look forward to reporting to the community about the workshops in next week’s newsletter.

School Lawn Mower
The school has recently purchased a new ride on mower and is looking to sell the old mower. School Council would like to offer this for sale to the community and are looking for offers in excess of $1500. I have attached an offer to purchase form to this newsletter. If you are interested in the mower please complete the offer to purchase form and return to school by 4pm next Tuesday March 16th. The mower will be sold to the highest offer above $1500 received by this date. Anyone wanting to see or try the mower please contact the school.

Help Needed
We have purchased some new outside tables and chairs to replace the old wooden ones in our amphitheatre. These have arrived but need some assembly. I am looking for a volunteer who is handy with a screwdriver to assemble the tables for us. If you can help, please contact the school.

Athletics Training
We will be running training sessions for athletics this Friday and next Tuesday afternoons. Parent helpers most welcome: the more help the better. Thanks to parents for the great support so far for our training sessions. The children are certainly becoming better prepared to participate in the athletics at Pedrina Park due to all your effort and support. The House Sports Day is planned for next Friday March 19th, beginning at 9.15am. All parents and friends are welcome to attend and bring a picnic lunch to share with children.

Lynn Lyles
RE (Religious Education)
Fiona Musson is looking for people who may like to help teach CRE (Christian Religious Education) at Macarthur PS. A session is only 30 minutes. You are provided with simple training and material to follow. You do not need a teaching background, just a love for our great Macarthur students who are keen to learn, respectful and a joy to teach!
If you would like information, phone Fiona on 55761222

Macarthur Tennis Club
Social Tennis
Great to see all courts being played on on Monday night last. Social Tennis will be on again Monday 15th.
Juniors at 4 - 5:00pm
Social Tennis from 5:30pm onwards
Sausage sizzle and drinks available
Everyone welcome.
Contact Jill Millard 55761224

Macarthur Golf Club Opening Day
Sunday 21st March
12 O’clock – for 12:30 hit off
Stableford event
Men & Ladies
Macarthur versus Parklands Challenge
Everyone Welcome.

HAWKESDALE MACARTHUR FOOTBALL NETBALL CLUB
JUNIOR NETBALL TRAINING
∗ ALL WELCOME ∗
Our first training run will be at Macarthur on Wednesday 10th March 2010.
Junior coaches for 2010 season.
17&u - 5.30pm to 6.30pm - Coach Nicole Bigham – Ph: 55721030 / 0407 621 301
14&u – 4.30pm – 5.30pm - Coach Bec Beard
12&u – (coach to be announced) from 4.30pm to 5.30pm
All new and existing players welcome.
These times and venues may be subject to change in the next few weeks so stay in contact with the relevant coaches to avoid confusion.

Corangamite Library:
Monday 3:30 - 4:30pm
Wednesday 1:30 - 4:30pm
Julie has an extensive range of books, talking books, DVD’s etc
AND if it’s not in the library, she can order it for you.
Come in a see her.

UNCLAIMED UNIFORMS
The following uniforms have been found at school, anyone wishing to claim them please see Sylvia at the office in the afternoons.
2 x Size 12 Jagga Rugby Jumpers
1 x Size 14 Jagga Rugby Jumper
2 x Jagga Rugby Jumpers - No Name or Tags - one smaller and one larger
1 x Auskick Blue Drink Bottle.
Student Banking

Join the Dollarmites in 2010!!!
Banking will be on Wednesdays.
The Commonwealth Bank have revamped the student banking program. Students are able to collect tokens and redeem them for Dollarmite items. Drop bank books into the Dollarmite container at the Office each Wednesday morning.

Sylvia Luke
Co-ordinator

Basketball

Beginner Learn to Score Night

Wednesday, 17th March, 2010 - 6.30pm -8pm at HILAC
Do you have children that play basketball?
Have you been too afraid to score because you don’t know how?
Here is your chance to be able to support your child's basketball team!
Come along and learn how to score correctly for free!

YOGA

PHONE MACARTHUR COMMUNITY HEALTH
TO REGISTER YOUR INTEREST
555 22000

CIRCUIT TRAINING
NEW: Monday @ 11am
(minimum of 5 to maintain program) &
Monday @ 7.30pm
Macarthur Recreation Reserve
Full Use of Gym Equipment & Qualified Instructor
COME AND GIVE IT A TRY!

School Lawn Mower Offer to Purchase.

Macarthur Primary School would like to offer the school ride on lawn mower for sale to the public.

Deutscher R540 Mower, Vanguard 18HP VTwin

We are asking for offers in excess of $1500. If you are interested please make an offer to buy by completing details of your offer below. Offers need to be received by the school by 4pm on Tuesday March 16th. The highest offer above $1500 will be accepted.

Name________________________
I wish to make an offer to purchase the school ride on mower.
My offer is $_____________
Signed ______________________ Date_________________
Get your free vaccination for Swine flu now
To protect yourself and your community

A FREE vaccine to protect against the H1N1 Influenza 09 (Swine flu) is still available. Swine flu continues to pose a threat to the population, but you can protect yourself and the community by helping to stop the spread of Swine flu to others by being vaccinated now.

What is Swine flu?
Swine flu is a highly contagious respiratory disease caused by a new strain of influenza virus. Cases of Swine flu have been confirmed in countries throughout the world including Australia.

Who should have the Swine flu vaccine?
Adults and children under 6 months are encouraged to be vaccinated. Some people are more likely to become seriously ill from Swine flu. Even if you are fit and well, you are at risk of serious illness or infecting vulnerable people. The vaccine is especially important for:
- People with chronic health conditions, including heart and lung disease, asthma, cancer, obesity, diabetes, kidney and neurological disease and in hospital (intensive care units)
- Pregnant women at any stage of pregnancy
- Parents and guardians of young infants
- Children in special schools
- Indigenous Australians
- Health care and community care workers.

Is the vaccine safe?
Yes, the Swine Flu (Fluvarin® H1N1) vaccine is safe and has been approved by the Therapeutic Goods Administration (TGA).

Where can I get the vaccine?
The vaccine is FREE and available at your doctor or local health service.

Need further information?
For vaccine enquiries call the Immunisation Program on 1300 832 006.

“Vaccination is the best way to protect yourself and others from getting the Swine flu, and is especially important for people at high risk of serious flu complications.”
(George Boccas, international renowned immunology and geneticist)

*Note: Do not copy or change this consent to use

Department of Health

Men’s Health Night

Men’s Health — A Plan for Life

Speakers
Stu Willier: Men’s Health Educator Hamilton.
Dr Mark Page: General Physician Warrnambool

WHEN: Wednesday March 17th at 7.30pm
WHERE: Macarthur Hotel – Supper provided

The evening will look at health conditions that effect men and their ability to lead a healthy, happy and productive life. Dr Mark Page’s presentation will focus on Cardiovascular disease which is the largest killer of Australian men.

Both speakers have a wealth of knowledge in Men’s health issues and are sure to provide an entertaining and informative night that you really can’t afford to miss.

You never know “It may just save your LIFE!”

Please call to BOOK for catering purposes
Phone Macarthur Community Health 55522000
Enquiries contact Fabian McLindin
Macarthur Community Health Manager 55522016
MADA will be holding the
Macarthur Community
Auction
combined with a
Car Boot Sale
Sunday 21st March 2010
Macarthur Recreation Reserve

Site bookings –
Merilyn Cook  55761113
ALL WELCOME TO ATTEND
Saleable Items only please for the auction
MADA Secretary – Mark Todd

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